

# March 2025

Gluten Free HS

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>3</b> Mexican Bowl, Rice black beans, salsa sour cream, cheese and chicken Cheese Burger Grilled Chicken Sandwich	<b>4</b> Potato Bar with cheese sauce, chicken sour cream Cheese Burger Grilled Chicken Sandwich	<b>5</b> Chili con Carne with Rice and Beans Cheese Burger Grilled Chicken Sandwich	<b>6</b> Chicken Nugget/Tender Cheese Burger Grilled Chicken Sandwich	<b>7</b> Egg, Cheese & Sausage Breakfast Sandwich Cheese Burger Grilled Chicken Sandwich
<b>10</b> Assorted Breakfast Food Cheese Burger Grilled Chicken Sandwich	<b>11</b> Orange Kiss Chicken Bowl Cheese Burger Grilled Chicken Sandwich	<b>12</b> Beef and Cheese Loaded Fries Cheese Burger Grilled Chicken Sandwich	<b>13</b> Cheese Pizza Cheese Burger Grilled Chicken Sandwich	<b>14</b> Pasta Bar with Garlic Bread Cheese Burger Grilled Chicken Sandwich
<b>17</b> Pancake/Waffle and sausage Cheese Burger Grilled Chicken Sandwich	<b>18</b> Sweet & Spicy BBQ Chicken Bowl Cheese Burger Grilled Chicken Sandwich	<b>19</b> Turkey and Cheese Sandwich Cheese Burger Grilled Chicken Sandwich	<b>20</b> Korean Beef Bulgogi Rice Bowl Cheese Burger Grilled Chicken Sandwich	<b>21</b> Chicken Broccoli Alfredo Cheese Burger Grilled Chicken Sandwich
<b>24</b> Waffles and Sausage Cheese Burger Grilled Chicken Sandwich	<b>25</b> Chicken and Cheese Soft Tacos Cheese Burger Grilled Chicken Sandwich	<b>26</b> Italian Hoagie Cheese Burger Grilled Chicken Sandwich	<b>27</b> Chicken Parm and Pasta Cheese Burger Grilled Chicken Sandwich	<b>28</b>
<b>31</b> Cheese Pizza Cheese Burger Grilled Chicken Sandwich	<b>Menu Subject to Change</b>			



**What makes a meal?** You must choose at least 3 to 5 components available for the school lunch price. Choice of Meat or Meat Alternate Choice of Vegetable, Choice of Fruit\* Choice of Grain/Bread, and Choice of Milk \*Students must choose at least one fruit or vegetable

**Daily Options:** Crispy Chicken Patty Sandwich , Fruit & Yogurt Parfait with Granola and Belly Bears , Wow Butter and Jelly Sandwich , CHEESEBURGER

**Fruit Bar Options:** Golden Delicious Apple , Fresh Petite Banana , Fresh Orange , Raisins , Diced Pears , Fresh Apple Slices , Citrusy Mandarin Oranges , Refreshing Mixed Fruit , Tropical Pineapple Tidbits , Cranberry Sauce , Sliced Luscious Strawberries

**Vegetable Bar Options:** Fresh Broccoli Florets , Fresh Baby Carrots , Crunchy Celery Sticks , Fresh Cucumber Slices , Fresh Red and Green Peppers , Garden Side Salad , Roasted Chickpeas

**Milk Daily Options:** Milk, Schneider's Skinny Mini's Fat Free Chocolate , Milk, Schneider's Skinny Mini's Fat Free Strawberry , Milk, Schneider's Skinny Mini's Fat Free Vanilla M , Milk, 1% Lowfat, Schneiders, MILK , Milk, Fat Free Skim Milk, Half Pint, Schneider's,